

To the Mount Washington Valley
*A partnership between Vaughan Community Service
and Town of Conway's Local Welfare Office*

2nd Wednesday of each month
9:00 AM-11:00 AM

May 8, 2024
June 12, 2024
July 10, 2024

Aug 14, 2024
Sep 11, 2024
Oct 9, 2024

Nov 13, 2024
Dec 11, 2024
Jan 8, 2025

Feb 12, 2025
Mar 12, 2025
Apr 9, 2025

For population that is 60 and older...



Essential Non-Food Pantry!!!!



We want to encourage healthy hygiene, minimize infections and increase quality of life while providing outreach material, information and screenings to ensure that needs are met, and safety is maximized.

ESSENTIAL NON-FOOD PANTRY DONATION GUIDE

**Donations drop off: Tuesdays and Thursdays 9-11
at Vaughan Food Pantry, 2493 White Mtn Highway, North Conway NH
or call BJ Parker, Town of Conway, 603-447-3811 Ext 214 to make alternative arrangements.**

Donations by Check:

- Checks can be made out to Vaughan Community Services
- Mailing address to send checks: POB 401 North Conway, NH 03860
- Donations can be designated for specific needs such as:
 - **Pantry stock:**
 - Cleaning and paper products: cleaning wipes, plates, toilet paper, paper towels, laundry soap, dish soap; garbage bags; commode bags; sponges, Ziplock bags, foil, parchment paper, straws; lightbulbs,
 - Hygiene products: Depends briefs and wipes; pads for men; denture supplies; soft toothbrushes, deodorant; footcare; skin care, Q tips, Chapstick, hair care, waterless shampoo caps.
 - First aid: gauze, Band aids, bandages, heating pads, injury care products, cotton balls
 - **Basic Needs Assistance:**
 - Snow removal, sand/salt, winter tires, trash removal are not typically covered by system.
 - **Mobility:**
 - Transportation: Car repair, registration, inspection; winterization,
 - Walker accessories, gait belts
 - **Independence:**
 - Memory care: timers, calendars, whiteboards, sticky notes, large print clocks/alarms
 - Record Keeping: notepads, folders, stamps.
 - Gift cards: Hair salon, oil change, gas cards, laundry cards, phone cards,
 - Socialization: Gift card for an ice cream, puzzles, fidget toys/mats, funds to sponsor a Gibson Center trip
 - **Safety and Emergency preparedness:**
 - Night lights, battery packs, hand warmers, batteries, lanterns, cups with lids to avoid burns/spills.
 - Sand/salt and snow removal.
 - Blood pressure cuff



**Due to storage limitations,
risk mitigation, and liability,
we cannot accept:**

New or used clothing.

**Medication and
ointments for wounds**

Vitamins

Shoes

Food items

Pet food or supplies

We appreciate all donations of goods, cash or time and wish to thank you, kindly, in advance, for your consideration and thoughtfulness.